



LONGEVITY SOLUTIONS

WHAT'S INSIDE MOTHER EARTH'S MEDICINE CABINET

Healing Herbs & Spices for Elevated Wellness



ANTI-INFLAMMATORY & IMMUNE

Turmeric + Black Pepper • Ginger • Garlic • Cinnamon



DIGESTIVE BALANCE

Peppermint • Fennel • Chamomile • Cumin



STRESS & RESTORE

Ashwagandha • Lavender • Lemon Balm • Holy Basil



DETOX & NOURISH

Milk Thistle • Dandelion Root • Cilantro • Parsley



ENERGY & CIRCULATION

Cayenne • Rosemary • Thyme



✦: *Rooted in nature. Designed for vitality.* ✦

Consult a healthcare provider before use if needed.

